

Hello Friends!

Thank you for taking the time to rate and review my podcast.

Read on to find out everything you need to know about:

- listening to and subscribing to my podcast, and
- how you can leave me a rating and review

#### **In iTunes (on your computer):**

- Click this link here to open up my podcast in iTunes: <https://itunes.apple.com/au/podcast/your-life-designed-podcast-learn-grow-develop-design/id1294065661>
- Click on the blue box saying "view in iTunes".
- A box will appear, click on "launch application". This simply opens your iTunes on your computer.
- To subscribe, click the Subscribe button in the left column below the show logo.
- BUT WAIT THERE IS MORE...
- To give me a rating and review, click Ratings and Reviews just above the show description and below the show name in the middle.
  - o Click Write a Review.
  - o If you don't have an Apple ID, you will be prompted to create one now.
  - o If you haven't written a review in iTunes before, enter a name to be displayed with your review.
  - o Enter the title and the review.
  - o Be sure to click on the number of STARS (hopefully 5) but I want you to be honest!
  - o Click Submit and you are done (the review will take time to show up so don't worry if it's not there straight away).

#### **In iTunes (On Your iPhone or iPad):**

- Open the Podcasts app.
- Make sure you're in the iTunes Store by clicking on the Store button (upper left corner for iPhone, lower left corner for iPad).
- Go to the search box at the top of the screen and type in 'Your Life Designed with Laura Carrocci', and hit Enter.
- Scroll down to the Podcasts section and click on 'Your Life Designed with Laura Carrocci'.
- To subscribe, click on the SUBSCRIBE button near the top.
- To rate and review the show, click on either Reviews (on the iPhone) or Ratings and Reviews (on the iPad).
- You may be asked to enter your password for your Apple ID.
- Click on the Write a Review button.
- If you haven't written a review in iTunes before, you will be asked to enter a name to be displayed with your review.
- Click on the number of stars (hopefully 5)!
- Enter your title and your review.
- Click Submit in the upper right corner. You are done! The review will not show up right away, but you are all set.

I really appreciate the time you've taken to do this, I believe that each and every one of us has untapped potential and possibility and that we can all create change in our lives. This podcast is my way of sharing this message and helping others realise their potential.

I created this podcast for high functioning people who want to invest in their personal development. The episodes bring together the latest research on human potential and high performance. It teaches listeners actionable strategies to implement in their life.

The more ratings, reviews, and subscribers I have, the better exposure I will get and the more people I can help.

Xx Laura